

The Beazley Buzz



A Place Buzzin' with Activity!

757-399-8156

September/October 2024

Director's Note:

"Catch the spirit of fall with every golden leaf that falls!"

Hello Members! I hope everyone has been enjoying their summer.

Our first Goat Yoga on July 30th was so much fun. **Fun With Goats** will be back again on October 8th for another session. Can't wait! Sign up today!

So excited to have one of our members, Kim Steele, volunteer to instruct monthly jewelry classes. Please sign up and join in making some jewelry and brainstorm on future projects.

Taunya is offering two classes in Fired Arts: **Clay Garden Bell** class in September and the cutest **Glass Christmas Tree** ornament in October. Class size is limited so don't wait too long to register.

Mary Roberts, "Experiment in Paints and Crafts" instructor, will be offering **Beauty of Oil Painting II** in September and **Mixed Media with Ladies, Cards and More** in October. Again, these classes are limited.

A note to our members who participate in Conversations in Spanish; the class restarts on Sept. 9th.

Our upcoming movie presentations are the *Boys in the Boat*, *The Sea of Trees*, *Everest* and *Unsung Heroes*. Enjoy these movies along with other members, fresh popped popcorn and drink.

Of course, our regular programming is offered except for our Tai Chi classes. Robby, Tai Chi instructor, is out for a couple months on a personal project. Tai Chi participants may still meet on their own on Wednesday from 11:15 – 12:15 to continue and maintain their Tai Chi workout until Robby is able to return. Also, due to our Goat Yoga on October 8th, Gentle Yoga and Line Dancing is cancelled this day.

Enjoy the upcoming holidays, Labor Day and Columbus Day!

Hope to see you soon!
Donna M. Russell

We dedicate this newsletter in memory of BSC members:

	Member since:
Danny Feamster, 4/9/24	2024
Bobbie Owens, 6/29/24	2009
Rosa Redmon, 7/22/24	1983
Louise Twine, 8/3/24	2002

Please forgive us if we have missed a member's passing. If you have more information, please let us know.

Daily Reflection

"Just one small positive thought in the morning can change your whole day" - Dalai Lama

Our Featured Photos



What a wonderful and adorable time doing Yoga with the cutest little goats!



Important Notices

Monday, September 2nd – Center Closed in observance of Labor Day

Monday, October 14th – Center Closed in observance of Columbus Day

INCLEMENT WEATHER NOTIFICATION

Please call the Center at **399-8156** or check **WAVY.com** online for any closures or delays due to inclement weather before attempting travel to the Center during bad weather.

Special Events/New Programs

Goat Yoga

Date: Tuesday, October 8th

Time: 10:00 – 11:30 a.m.

Cost: \$20.00

What is Goat Yoga?

Goat Yoga is a unique and lovable baby goat experience that brings joy, therapeutic benefits of animal therapy and smiles to every participant! Goat Yoga is taught by a certified Yoga instructor and in a way that is perfect for everyone from a beginner to an advanced Yogi! No experience necessary.



During Goat Yoga, while you move your body from pose to pose, baby goats will interact with you. They love to be petted, held, fed, jump on your back, and snuggled. There are several goat wranglers at

every event to help teach you how to hold and interact with the goats.

As a bonus, you will learn many goat facts along with the importance of agriculture.

Event presented by ***Fun with Goats.***

Register with Aimee.

Reiki Healing Energy

Dates: Tuesdays

Time: 8:30 a.m.

Cost: Free

Reiki Healing Energy is based on an ancient belief that vital energy flows through your body, and that the energy can be influenced by the gentle touch of Reiki practitioners.



Reiki sessions are available by appointment on Tuesday mornings in Leesa's office.

To schedule, call Tricia Richardson at 757-651-5521 or Isabel Walters at 757-651-7384.

Special Events/New Programs

Jewelry with Kim

Dates: September 25th & October 23rd

Time: 9:30 a.m. – 12:00 p.m.

Cost: \$5.00

Jewelry making is returning to Beazley. Our first session will be making a beaded bracelet from a kit of your choice.

As we work on the bracelets, your input on project ideas, and your level of experience and interests will be the focus. Let's brainstorm and make this an enjoyable time for all!



Anyone welcome. No experience needed. Class is limited to 12 participants. Register with Aimee.

Instructor: Kim Steele

Fired Arts – Clay Garden Bell

Date: Tuesday, September 24th

Time: 10:00 a.m.-12:00 p.m.

Cost: \$12



Create your own ceramic Garden Bell from clay. The pinch pot technique will be used to make the bell and clapper. The bell and clapper will have to dry for a week before being fired. Once they are fired, you will then glaze and fire them again. After the second firing, you will string the clapper to the bell.



Class size is limited to 12 students.

Register with Aimee.

Glass Christmas Tree Decoration

Date: Tuesday, October 22nd

Time: 10:00 a.m. – 12:00 p.m.

Cost: \$9.00



Made from small pieces of colored glass, this small decoration will look great on your tree or elsewhere in your house. They are perfect for holiday gifts to celebrate the season.

You will make one in class but have enough sheet glass to make several on your own afterwards. We'll use stringers, millefiori snowflakes and

dichroic glass to decorate the tree. You will learn how to use a pattern, cut, and glue the design together. And finally, you will learn how to use kiln safe wire to make a hook to hang the decoration.

Register with Aimee. Class size is limited to 6 people.

Special Events/New Programs

Experiment in Paints & Crafts

Dates: Wednesday (different projects each month)
Time: 1:00 – 3:00 p.m.
Cost: \$20.00 per monthly project

This class will introduce new techniques each month, meeting every Wednesday from 1:00 – 3:00 p.m. Supplies will be included with a limit of 9 participants. Register with Aimee



An example of one greeting card that you can make in the Watercolor and Mixed Media Greeting Card class.

Instructor: Mary Roberts

Chair Yoga **ADDITIONAL** Classes

Our Chair Yoga class is on Mondays from 12:30 – 1:30 p.m. Participants have requested more class offerings, and we were able to find room on the calendar for two additional classes per month on the 1st and 3rd Thursday starting June 6th. Should you decide to sign up for the new Thursday classes, the cost will be \$6.00 per month.

Play Bunco!

Date: 1st & 3rd Wednesdays of the month
Time: 10:00 a.m. – 12:00 p.m.
Cost: Free



Bunco is a dice game with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice in a series of six rounds. A bunco is achieved when a person rolls three-of-a-kind and all three numbers match the round number which is decided at the beginning of the round.

Interested in playing, contact Leesa.

Special Events/New Programs

Go Tours Trips

Riverside Christmas Spectacular

Date: Wednesday, December 18th, 2024
Depart: BSC – 7:45 a.m.
Return: BSC - 7:30 p.m.
Cost: \$177.00/person

Experience the excitement, memories, and joy of Christmas as our spectacular cast of singers and dancers present the very heart and essence of the holiday season. Escape the cold, hustle, and stress by warming your Christmas spirit at Riverside Center with this glittering celebration of everything that makes this “the most wonderful time of the year!”



The tour includes roundtrip transportation on a 56-passenger motorcoach to Riverside Dinner Theater, reserved seating for “Riverside Christmas Spectacular” and dinner at the theater before the show. Time permitting we’ll make a stop at Fredericksburg’s Battlefield Country Store before lunch.



Regular Programming

Conversations in Spanish

Date: Mondays
Time: 12:00 – 1:00 p.m.
Cost: Free

Get together with other members to refresh or improve your Spanish speaking skills.



Call Leesa for details.

Community Puzzle

Join in the “Puzzle Fun” located in the Computer Room on the conference table. Whether you are just walking by or waiting for class to start, find a few pieces of the puzzle. Anyone and all, help complete the community puzzle!

Beazley Beezaar

The Center is offering members a chance to sell their wonderful creations made here at the Center.

We have put up tables in the main hallway under the showcased paintings. Tables will remain indefinitely as long as we have items. Interested parties, “vendors,” will be allowed to sell five items at a time. If one item sells, you then replace it with another item. All items for sale must have been made here at the Center. Pay for items at the front office.

No-limit Texas Hold'em Poker

Dates: Fridays, Sept. 6th & Oct. 4th, 18th
Time: 11:00 a.m. – 2:00 p.m.

No poker on 9/20

Put your poker face on, use your bluffing skills and let's play poker!!! All have fun playing Texas Hold'em. If you're not familiar with the game fellow players and dealer will get you through comfortably. Top three players win prizes in 9-player games.



Player limit: 9 max.
Dealer: Kirby Stiening

Blackjack

Dates: Wednesday, Sept. 4th & Oct. 2nd
Time: 10:00-11:00 a.m.

Blackjack is a card game that pits player versus dealer. It is played with one or more decks of cards. Cards are counted as their respective numbers, face cards as ten, and ace as either eleven or one. The object of Blackjack is to beat the dealer.

Top two players with most chips win prize!
Player limit: 8 max.
Dealer: Kirby Stiening

Regular Programming

Intentional Creativity® and Cosmic Smash Booking

Dates: Mondays, Sept. 9th, 23rd & Oct. 7th, 21st
Time: 9:30 a.m. – 12:00 p.m.
Cost: Free

Taunya introduces us to IC & CSB in her own unique format.

Intentional Creativity® is an approach to creating that yields access to who we are now and who we are becoming and what is possible for us and our unfolding future. Using our imagination, meditation, writing and painting, we weave inquiry, image and word with intention.



Everything within us, past, present and future, lives in story. When we create around our story, we gain clarity. When we create with intention, we activate both sides of the brain. When we activate our brain, we gain greater access to our own information, how to articulate it and how to move it from the “stuck” places. Intentional Creativity® can be used to heal and transform our thoughts. It can transform old stories into tools for empowerment and grants access to a new way of working with daily stress.

Cosmic Smash Booking is a mash-up of art journaling and Intentional Creativity® developed by Catt Geller. Using this method of creating, hidden stories start to come unraveled and revealed. The stories become tools for transformation, and it is then the potential for learning and healing emerges.



Instructor: Taunya Tae Taylor, Certified

New registrants need to take a one-time introduction class called “Introduction to Intentional Creativity.” This class will be offered once per month for newcomers.

Introduction to Intentional Creativity

To register, please contact Taunya for date and time.

Regular Programming

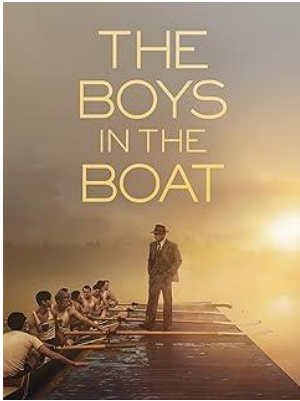
Movies presented at BSC

Second and Fourth Thursday of each month

Cost: Free!

Enjoy fresh popped popcorn and a drink while watching the BSC movies.

September 12th – 1:00 p.m. – The Boys in the Boat



Based on the best-selling book, this sports drama, directed by George Clooney, is about the University of Washington rowing team and their quest for gold at the 1936 Summer Games in Berlin. This inspirational true story follows a group of underdogs at the height of the Great Depression as they are thrust into the

spotlight and take on elite rivals from around the world.

Starring: Joel Edgerton, Callum Turner, Peter Guinness – Rated: PG-13 – Bio., Drama, Sport – 2 hrs 3 mins.

September 26th – 1:00 p.m. – The Sea of Trees

Arthur Brennan (McConaughey) treks into Aokigahara, known as The Sea of Trees, a mysterious dense forest at the base of Japans Mount Fuji where people go to contemplate life and death. Having found the perfect place to die, Arthur encounters Takumi Nakamura (Watanabe), a Japanese man who has also lost his way. The two men begin a journey of reflection and survival, which affirms Arthurs will to live and reconnects him to his love with his wife (Watts).



Starring: Matthew McConaughey, Naomi Watts, Ken Watanabe – Rated: PG-13 – Drama, Fantasy, Mystery – 2 hrs.

Regular Programming

Movies presented at BSC

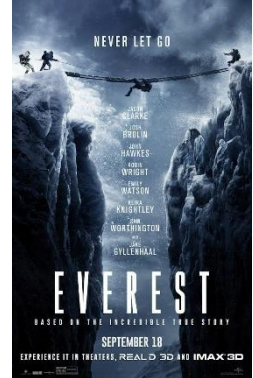
Second and Fourth Thursday of each month

Cost: Free!

Enjoy fresh popped popcorn and a drink while watching the BSC movies.

October 10th - 1:00 p.m. – Everest

On the morning of May 10, 1996, climbers from two commercial expeditions start their final ascent toward the summit of Mount Everest, the highest point on Earth. With little warning, a violent storm strikes the mountain, engulfing the adventurers in one of the fiercest blizzards ever encountered by man. Challenged by the harshest conditions imaginable, the teams must endure blistering winds and freezing temperatures in an epic battle to survive against nearly impossible odds.



Starring: Josh Brolin, Sam Worthington, Keira Knightley – Rated: PG-13 - Biography, Action, Adventure – 2 hrs.

October 24th - 1:00 p.m. – Unsung Heros

When David Smallbone's successful music company collapses, he moves his family from Down Under to the States, searching for a brighter future. With nothing more than their six children, their suitcases, and their love of music, David and his pregnant wife Helen set out to rebuild their lives. Based on a remarkable true story, Helen's faith stands against all odds and inspires her husband and children to hold onto theirs. With their own dreams on hold, David and Helen begin to realize the musical abilities in their children, who would go on to become two of the most successful acts in Inspirational Music history: five-time Grammy Award-winning artists [For King & Country](#) and [Rebecca St. James](#).



Starring: Daisey Betts, Joel Smallbone, Kirrilee Berger – Rated: PG – Drama, Family - 1 hr. 53 mins.

Regular Programming

Musical Notes from the “Singing Beez” Chorus

Date: Mondays
Time: 10:30-12:30

The “Singing Beez” Chorus has grown to 16 participants this past year! The Beez entertain at churches, nursing centers, assisted living facilities and special events performing great music and having fun together. The Beez are always looking for more singers to join, especially sopranos, regardless of ability and training. Call Jackie for more information.

Cost: Free
Leader: Jackie Forehand Phillips, 757-617-1269

Needlework/Knitting

Thursdays
10:00 a.m. – 12:00 p.m.

This friendly group is growing! They are currently working on individual projects and would love to have you bring your needlework and join them. If you would like to learn to knit or crochet, this is the time and place.

Cost: Free

Open Greeting Cards

Tuesdays
9:00 a.m. - 2:00 p.m.

Create and make your own unique and individualized greeting cards. Work for an hour or all day using the Center’s vast collection of materials. Stamps and ink will be provided for your use, and paper and envelopes will be available for purchase.
Instructor: Leesa Richards



Shred-It Shredding Service

Date: Bring anytime
Cost: \$1.00 per pound

No need to collect and store old important papers, bills, documents, etc., for a whole year before bringing it to the Center for the annual shredding service! We now have a locked container located in a secure room for any materials you would like shredded. Iron Mountain truck picks up the container every two months.



Regular Programming

Hand and Foot Card Game

2nd and 4th Friday of every month
1st and 3rd Thursdays of every month
10:30 a.m. - ?



Hand and Foot is a Canasta variant involving four to six decks rather than two and is played by teams of two players (usually two teams, but it also works with three or four teams). The number of decks used is typically one more than the number of players, though this can vary. Due to the larger pool of available cards, it is much easier to form canastas in Hand and Foot than in standard Canasta, which changes the strategy considerably. Some players feel this version is more enjoyable for beginners.

Cost: Free

Bridge

Tuesdays and Fridays
10:00 a.m. – 3:00 p.m.



Bridge is a trick-taking game using a standard 52-card deck. It is played by four players in two competing partnerships, with partners sitting opposite each other around a table. Millions of people play bridge worldwide in clubs, tournaments, online and with friends at home, making it one of the world's most popular card games, particularly among seniors.

Cost: Free

Mahjong

Wednesdays
12:00 p.m. – 3:00 p.m.

Mahjong originated in China. It is a game of skill, strategy and calculation that involves a degree of chance, like the card game rummy. It is commonly played by four players. **Anyone interested in learning to play Mahjong, please leave your name and phone number with Leesa, and a Mahjong Club member will contact you.**

Cost: Free

Bingo

First and third Tuesday of each month.
Tues. Tuesdays, Sept. 3rd, 17th & Oct. 1st, 15th
Time: 1:30 – 3:00 p.m.

Join us for a fun afternoon playing bingo! Prizes!

Callers:
Gail Fizer, Beverly Brown

Regular Programming

Basic Computer/Smart Phone/Tablet Support

Date and time: Call Justyn for an appointment

Want to learn how to use a computer? Would you like to have an email account, use the internet, social media? Learn different features and basic tasks on your smart phone or tablet, including how to set up Wi-Fi, connect to the internet, setting/creating email accounts or share files and photos over the network? All you need to do is call here for Justyn and schedule an appointment.



Cost: Free
Instructor: Justyn Walton

Computer Room

Monday through Thursday,
9:00 a.m.– 4:00 p.m.
Friday, 9:00 a.m. – 3:00
p.m.



DVD Library

We have a large collection of movies on DVD. Older and current movies available. If interested in viewing, you may check out and return them within a few days. A list of available movies is located at the front desk and on bulletin boards throughout the Center. Ask staff member if you would like to look through the library selections.

Woodcarving

Thursdays, 10:00 a.m. – 12:00 p.m.

Wood carving is a form of wood working by means of a cutting tool (knife) and chisel, resulting in a wooden figure or other wooden object. Learn to make sculptures and other artwork while enjoying the company of other class participants.

Cost: Free
Instructor: Group Instruction

Regular Programming

Woodshop

Open: Mon., Tues., Weds., 8:30 a.m. – 3:45 p.m.
Thursday closed
Friday, 8:30 a.m. – 3:00 p.m.

**(For authorized members only).
Non-authorized members, scheduled appointments only! Volunteer on site for assistance on Wednesdays, 10:00 a.m. - 12:30 p.m.**



Our woodshop is well organized and has more equipment options than ever before! Use the shop to create, build or repair woodwork and other projects.

Note: Must sign Waiver and Release of Liability Form before working in Woodshop.
Cost: Free

The Ercell Jackson Library

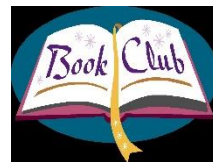
The Ercell Jackson Library is in the Center's main hallway. You will find an extensive selection of fiction and non-fiction hardcover and paperback books, self-help books, cookbooks and current magazines, etc. Take and return books at your convenience. Any used books you would like to donate to our library would be greatly appreciated!

Book Club

Date: Wednesday (meets on 2nd Wednesday of the month)

Time: 11:00 a.m. – 12:00 p.m.

Cost: Free



The Book Club will meet on the second Wednesday of each from 11:00 a.m. to 12:00 p.m.

A new book will be chosen each month and attendees will share opinions and/or explore deeper

meanings found within the book.

If interested in joining, please contact Leesa.

Regular Programming

Beazley Beestro

Date: Monday through Friday

Time: Open all day

Take a break from all the activities and enjoy a cup of coffee, tea or hot chocolate and snack.



Experiment in Paints & Crafts

Dates: Wednesday (different projects each month)

Time: 1:00 – 3:00 p.m.

Cost: \$20.00 per monthly project

This class will introduce new techniques each month, meeting every Wednesday from 1:00 – 3:00 p.m. Supplies will be included with a limit of 9 participants. Register with Aimee.

September: Beauty of Oil Painting II

October: Mixed Media with Ladies, cards & more

November: Acrylic & Cold Wax



A few examples of the greeting cards that you can make in the Watercolor and Mixed Media Greeting Card class.



Regular Programming

Drawing

Thursdays

Time: 1:00 p.m. – 3:00 p.m.

Cost: \$15.00 per month

Students will create artwork in pencil or charcoal. Throughout this course, students will utilize traditional drawing. Each project assigned facilitates in building an understanding of the properties of light, aerial perspective, scale, and proportion. The elements of art and principles of design are integrated into student projects. Teacher demonstrations enable them to develop an appreciation for the visual arts as well as expose them to various styles. Class is open to all levels of talent and expressive sketches are encouraged! Register with Aimee.

Instructor: Al Staszsky

Watercolor Painting

Fridays

10:00 a.m. – 12:00 p.m.

Cost: \$15.00 per month

With focus on technique, students will create artwork in WATERcolor! Instruction includes projects to encourage and nurture your creativity.

Register with Aimee. Supply list will be provided to you once registered.

Instructor: Mary Carr Roberts



Watercolor by Linda Neas

Physical/Wellness Programs

Yoga

Yoga is literally translated as “yoke,” meaning to “join together” or “to unite”. It is an ancient practice that connects or unites the mind, body and spirit through body poses, controlled breathing and meditation. Health benefits include lower blood pressure, improved circulation and oxygenation, decreased pain, balanced metabolism, more energy and strength.

Chair Yoga

Mondays

12:30 p.m. – 1:30 p.m.

1st & 3rd Thursdays of the month

12:30 p.m.-1:30 p.m.

Cost: Mondays -**\$12.00** per month

Cost: Mon.& Thurs. **\$18.00** per month

Instructor: Tricia Richardson, RYT 200

Register with Aimee.



Integrative (Practical) Yoga

Thursdays

9:00 a.m. – 10:00 a.m.

Cost: **\$12.00** per month

Temporarily suspended

Join our class of varied level students to learn adaptable ways to bring balance, peace and harmony to your life. The class will include floor and standing poses and end with deep relaxation.

Instructor: Tricia Richardson, RYT 200

Register with Aimee.

Gentle Yoga (Yin/Restorative Yoga Hybrid)

Date: Tuesdays

Time: 9:00 – 10:00 a.m.

Cost: \$12.00 per month

**No Gentle Yoga on Oct.
8th**

This class will combine aspects of gentle, yin and restorative yoga practices - appropriate for all levels of students from total beginners to experienced practitioners. The class will begin with breathing exercises, gentle stretching poses, progress through gentle supported yin poses, and will conclude with passive restorative poses.

Instructor: Tricia Richardson, RYT 200

Register with Aimee.

Yin Yoga The practice of yoga is based upon Yin/Yang philosophy, balancing opposing forces. More energetic types of yoga are considered to be ‘yang’, while yin postures are meant to balance energetic practices with calm, deep stretches. Postures are normally held from 2 to 5 minutes. It is helpful for those who wish to increase flexibility, keep joints healthy and mobile, improve posture, balance energetic exercise, or release trauma and emotions that are stored in the body.

Restorative Yoga The practice of restorative yoga is passive (using props such as chairs, blocks, blankets, bolsters, sandbags and straps). Combining use of props and longer holds can help to bring a sense of calm and comfort, triggering the body’s healing mechanisms. Postures are normally held from 5 to 20 minutes. It is helpful for those who wish to meditate, heal, release stress, relax, create a sense of safety in the mind and body or reach a state of mindful rest.

Physical/Wellness Programs

Zumba Gold

Dates: Thursdays

Time: 10:15 – 11:15 a.m.

Cost: **\$12.00/month** – one class per week

Zumba is a high energy dance workout that incorporates Latin and Caribbean rhythms. Zumba Gold is catered to active older adults and offers signature Zumba flavor with lower intensity moves. Zumba Gold choreography focuses on balance, range of motion and coordination. The best thing about Zumba is that every class is a party! You don’t have to know how to dance, just follow the instructor and have fun! Call Aimee to register.

Instructor: Carolyn Harper, Certified Zumba Instructor



Revitalize with Carla

Mondays, Wednesdays and Fridays

8:45 a.m. – 9:45 a.m.

Cost: **\$25.00** per month

Maintaining a consistent fitness routine is important at any age. **Revitalize** offers older adults specific exercise to help increase cardiovascular health and build strength and balance. This class is designed to be low impact to prevent injury while also increasing muscle strength and energy levels. Call Aimee to register.

Instructor: Carla Bryce, RYT- 200, SilverSneakers



Physical/Wellness Programs

Tai Chi

Tai Chi is a type of martial art very well known for its defense techniques and health benefits. The martial art has evolved over the years into an effective means of alleviating stress and anxiety and “significantly improving balance.” It has been a form of “meditation in motion” which promotes serenity and inner peace.

Tai Chi is low impact and can be studied by all ages. It is not a “no pain, no gain” endeavor. It is about opening the mind, body and spirit. It is about relaxation, balance and harmony.

Regular Tai Chi

Wednesdays
11:15 a.m. – 12:15 p.m.
Cost: \$12.00 per month

Advanced Tai Chi

Wednesdays
12:15 p.m. – 1:15 p.m.
Cost: \$12.00 per month

Mixed Tai Chi

Fridays
10:15 a.m.-11:15 a.m.
Cost: \$12:00 per month

Instructor: Robby Williams, Instructor
Call to register.

Move & Groove

Dates: Thursdays
Time: 11:30 a.m. – 12:00 p.m.
Cost: Free

A fun dance workout geared for all ages and body types. Customize moves that feel right for you.

The unique interval format sends your metabolism and muscle building into overdrive and can be done at a wide range of fitness levels!



Class led by Taunya Tae Taylor

IMPORTANT:
All Tai Chi classes are suspended until further notice! Any Tai Chi participant may meet at 11:15 a.m. on Wednesday with others to stay in motion until Robby can come back.



Physical/Wellness Programs

Line Dancing

Dancing is fun and great exercise. Line dancing is so popular that we have 3 sessions a week! Depending on your line dancing ability, Carolyn will help you decide which class would be suitable for you. See Leesa for contact information.



“Basic Steps” Line Dancing

Date: Mondays
Time: 1:45 p.m. – 2:45 p.m.
Cost: Free
Instructor: Carolyn Harrell

Learn the basic steps of line dancing with the goal of joining the other groups comfortably.

Call to register.

Beginner/Improver Line Dancing

Date: Mondays
10:00 a.m. – 12:00 p.m.
Cost: Free
Instructor: Carolyn Harrell, David Vreeland

Intermediate/High Improver Line Dancing

Date: Tuesdays
10:15 a.m. – 12:15 p.m.
Cost: Free

No Line Dancing Oct. 8th

Instructors: David Vreeland and Roseann Wade



Let's play Pickleball!

Date: Fridays,
Time: 11:30 a.m. – 3:00 p.m.
Cost: Free

Pickleball is a paddle sport played with a whiffle ball on a badminton-sized court and a tennis-style net. A non-volley zone (or kitchen) prevents volleys close to the net, and the serving team cannot volley the return of serve. These unique rules favor players with less mobility and allow senior players to compete successfully with younger competitors.



The game is enjoyed by people of all ages and athletic abilities thanks to its ease of play and straightforward rules. Pickleball has exploded in popularity. Thousands of pickleball courts have been built in recent years, especially in senior communities.

Fired Arts Studio

Ceramics and pottery (earthenware clay, bisque, stoneware, glazes and decals), pottery wheel and fusing glass (frit, sheet and dichroic glass). Come join the fun!!!

Open Studio

Mondays, 9:30 a.m. – 4:00 p.m.*
***12:30-4:00 on days of I.C. class**
Tuesdays, 9:30 a.m. – 4:00 p.m.
Wednesdays, 9:30 a.m. – 12:30 p.m.
Thursdays, 9:30 a.m. – 4:00 p.m.
Fridays, 12:30 p.m.- 3:00 p.m.

NOTE: Open studio hours are subject to change. Please check calendar before visiting.

Fired Arts Orientation

Date: By appointment only
Time: One hour
Cost: Free

Orientation will give you the basics as you start your journey of becoming a creative and unique artist. In just one hour, you will tour the Fired Arts Studio, learn the guidelines and procedures to get you started.

Once you have finished orientation Ceramics/Pottery, you are free to use the Fired Arts Studio anytime during open studio hours.

Cost: Free, includes complimentary work mat.
Individual tools, clay and ceramics purchased as needed.

Must register with Taunya.



*Hand built clay pumpkin
by Clyde Gress.*



*Hand built water fountain
by Dee Elliott*

Hand Building with Clay

Hand building is working with clay by hand using only simple tools, not the pottery wheel. Before potters had the wheel, they created beautiful pots and clay forms using their hands, fingers and basic tools. Most common forms of hand building is pinch, coiling and slab techniques. Most do not realize the infinite world of hand building and the artistic possibilities it opens.

Fired Arts Studio

Fired Arts “New-Bee” Classes

Date and Time: By appointment only
Cost: materials used

If you are new to Fired Arts, you may be interested in signing up for a class on how to create a pinch pot and build-a-box using clay or make a fused glass suncatcher.



These are beginner classes that will teach you techniques to make future projects on your own.

Contact Taunya to register for a class.

Glass Fusing 101 Video

Date: By appointment only
Time: One hour
Cost: Free

Cost: Free
Prerequisite for working on glass in Fired Arts.
Individual supplies and glass purchased as needed.

We now have more glass and more glass molds available. Create beautiful glass plates, bowls, jewelry, wall and window hangings and more! Watch a short video on the basics of glass fusing and you are ready to go. Glass prices are posted in the studio.

Call to make an appointment.

Glass art by Nancy Faust



Important Notice!!!!

To all Fired Arts participants: NEVER pick up or touch others' work, as clay and glass are very fragile until completed, and even then, could be dropped and shatter.

Ceramics, green ware, clay, pottery, glass, etc. purchased outside the Center may not be fired in the Center's kilns.

New students must register for the Fired Arts Orientation with Taunya.

****Due to limited storage space, we cannot hold ceramic, clay, glass or pottery pieces for more than 90 days.****



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Portsmouth, Virginia 23704

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Hours of Operation:
8:30 a.m. to 4:00 p.m.
Monday - Friday

Staff:

Donna M. Russell, Executive Director
Leesa Richards, Asst. Director/Program Coordinator
Taunya Tae Taylor, Instructor
Sandra Berczek, Fired Arts Assistant
Aimee Miller, Office Manager
Justyn Walton, Facility Maintenance Manager/
Instructor

Contact Us:

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