The Beazley Buzz



A Place Buzzin' with Activity!

757-399-8156

May/June 2025

Director's Note:

"June is the time for being in the world in new ways, for throwing off the cold and dark spots of life."

Joan D. Chittister

Our new acrylic painting class, Acrylics with Athena, started strong and remains strong. Athena is a wonderful teacher! See picture on the right of this page of students' work.

The 2025 Texas Hold'em Poker Championship was held on April 4th with Pat Turpin coming in first, Robert Rondeau and Chris Sturgis coming in second and third, respectively. Congratulations winners!

We have decided to try a "Help Wanted" board for members needing

a little help here and there, whether it is needing a ride, mowing the lawn, changing a light bulb, etc. Members needing help will fill out a card and post it to the board. As you pass by the board, take a look and you may be able to offer your assistance.



We have listed two trips offered by Go Tours in this newsletter. To Kill a Mockingbird in May and The Sound of Music in August. You can find more trips offered by Go Tours on their website at travelgotours.com.

Our movie presentations will be *Reagan*, *Adeline*, *The Grey Fox* and *The Old Oak*. Join other members during the movie with fresh popcorn and a drink.

New members are joining every day. If you see a new face, introduce yourself, say hello and welcome them to the Center!

Hope to see you soon! Donna M. Russell

We dedicate this newsletter in memory of BSC members:

Member since:

Stephen A. Fisher, 4/16/25 Gail Ross, 01-23-25 2011 2016

Please forgive us if we have missed a member's passing. If you have more information, please let us know.

Daily Reflection

"The only person you are destined to become is the person you decide to be."

- Ralph Waldo Emerson

Our Featured Photos



First new Acrylic Painting with Athena class presenting their final paintings! True Picassos!!!!



2025 Texas Hold'em Champions!!!!! 1st Place - Pat Turpin, 2nd Place - Robert Rondeau and 3rd Place -Chris Sturgis. Congratulations!



Important Notices

Monday, May 26^h – Center closed – Memorial Day Thursday, June 19th – Center closed Juneteenth

INCLEMENT WEATHER NOTIFICATION

Please call the Center at **399-8156** or check **WAVY.com** online for any closures or delays due to inclement weather before attempting travel to the Center during bad weather.

Special Events/New Programs

Helper Beez Wanted Board

(Members helping members)

Location: Back hallway

We have created a board for members in need of help,

whether it is to change some light bulbs, dust high shelves, mow the lawn, etc. If you would like to post something, pick up a card located next to the board, fill it out and post it on the board.



Information needed on each card will be a description of the help needed, the city, name and phone number.

Hybrid Chair/Standing Yoga Class

Date: Thursdays Time: 9:00 – 10:00 a.m. Cost: \$12.00 per month

Many yoga students have the balance, strength and desire to perform standing yoga poses (asana), but would prefer not to come fully to the mat during their



practice. This class will provide students with modifications in practice which will allow them to come into all standing yoga poses (asana) standing on a yoga mat. The practice incorporates 2 chairs (one on each side of the yoga mat) allowing students to find all seated poses using a chair (rather than coming fully to the mat). This hybrid class will provide the support and stability of the chair throughout asana (pose) practice, while allowing the student the freedom to strengthen and find balance with the support of a chair within reach.

Acrylic Painting with Athena

Dates: Tuesdays

Time: 10:00 – 12:00 p.m. Cost: \$15.00 per month

I remember my grandfather watching me as I was drawing and painting with my children. He was a man of few words, but when he did say something, it was enlightening... "what you love to do as a child you will always love to do." Those words encouraged me to start painting again after taking a break for a few years.

I am a local artist and teach at the Smithfield Gallery on Main St. I believe anyone can" create" and learn new things. I look forward to sharing what I love with others at the Beazley Senior Center! If you have never picked up a paintbrush or want to improve your skills this is the class for you. No experience necessary! Step by step, we will create something beautiful!

Instructor: Athena Alley Rhodes

See page 9 for more class details.

Note: Please make sure you attend the first class!

Regular Programming

Reiki Healing Energy

Dates: Tuesdays Time: 8:30 a.m. Cost: Free

Reiki Healing Energy is based on an ancient belief that vital energy flows through your body, and that the energy can be influenced by



the gentle touch of Reiki practitioners.

Reiki sessions are available by appointment on Tuesday mornings in Leesa's office.

To schedule, call Tricia Richardson at 757-651-5521 or Isabel Walters at 757-651-7384.

Full house in the Fired Arts Studio!!





Watercolor painting by Linda Neas, "Rouge."

Special Events/New Programs

Go Tours Trips

Date: August 21st, 2025

Depart: TBA Return: TBA Cost: \$158.00

"Peaches, Peaches" August 21, 2025

A sweet and delicious way to spend the day!

This tour is sponsored by TowneBank Senior Partners and operated by Go Tours. Pick up times TBA in Virginia Beach, Suffolk, Newport News, Williamsburg and Richmond.

A Go Tours Travel Companion/Tour Director accompanies the group as an added resource before, during and after the tour!

Travel to Charlottesville for lunch at historic Michie Tavern followed by a visit to Chiles Peach Orchard in Crozet for peach picking. The day includes buffet lunch, ¼ peck of peaches and some tasty peach ice cream!

Tour includes roundtrip transportation on a 56passenger motorcoach, all-you-can-eat at Michie Tavern, 1/4 peck of peaches and peach ice cream.





Special Events/New Programs

GoTours Trips

Date: August 27th, 2025

Depart: 7:45 a.m. Beazley Senior Center

Return: 7:30 p.m. Cost: \$194.00

A Go Tours Travel Companion/Tour Director accompanies the group as an added resource before, during and after the tour!

The final collaboration between Rodgers & Hammerstein was destined to become the world's most beloved musical. Featuring a trove of cherished songs, including "Climb Ev'ry Mountain," "My Favorite Things," "Do-Re-Mi," "Sixteen Going on Seventeen" and the title number, *The Sound of Music* won the hearts of audiences worldwide, earning five Tony Awards and five Oscars. The inspirational story, based on the memoir of Maria Augusta Trapp, follows an ebullient postulate who serves as governess to the seven children of the imperious Captain von Trapp, bringing music and joy to the household. But as the forces of Nazism take hold of Austria, Maria and the entire von Trapp family must make a moral decision.

Tour includes roundtrip transportation on a 56-passenger motorcoach to Riverside Dinner Theater, reserved seating for "The Sound of Music," and dinner at the theater before the show. Time permitting we'll make a stop at Fredericksburg's Battlefield Country Store before lunch.



Conversations in Spanish

Date: Mondays Time: 12:00 - 1:00 p.m.

Cost: Free

Get together with other members to refresh or improve your Spanish speaking skills.



Call Leesa for details.

Community Puzzle

Join in the "Puzzle Fun" located in the Computer Room on the conference table. Whether you are just walking by or waiting for class to start, find a few pieces of the puzzle. Anyone and all, help complete the community puzzle!

Beazley Beezaar

The Center is offering members a chance to sell their wonderful creations made here at the Center.

We have put up tables in the main hallway under the showcased paintings. Tables will remain indefinitely as long as we have items. Interested parties, "vendors," will be allowed to sell five items at a time. If one item sells, you then replace it with another item. All items for sale must have been made here at the Center. Pay for items at the front office.

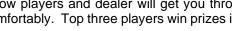
No-limit Texas Hold'em Poker

Dates: Fridays, May 16th & June 6th, 20th

Time: 11:00 a.m. - 2:00 p.m.

Put your poker face on, use your bluffing skills and let's play poker!!! All have fun playing Texas Hold'em. If you're not familiar with the game

fellow players and dealer will get you through comfortably. Top three players win prizes in 9-



player games.



Player limit: 9 max. Dealer: Kirby Stiening

Blackjack

Dates: Wednesday Time: 10:00-11:00 a.m. No Blackjack in May or June.

Blackjack is a card game that pits player versus dealer. It is played with one or more decks of cards. Cards are counted as their respective numbers, face cards as ten, and ace as either eleven or one. The object of Blackjack is to beat the dealer.

Top two players with most chips win prize!

Player limit: 8 max. Dealer: Kirby Stiening

Regular Programming

Intentional Creativity® and Cosmic Smash Booking

Dates: Mondays, May 5th, 19th & June 9th, 23rd

Time: 9:30 a.m. - 12:00 p.m.

Cost: Free

Intentional Creativity® is an approach to creating that yields

access to who we are now and who we are becoming and what is possible for us and our unfolding future. Using our imagination, meditation, writing and painting, we weave inquiry, image and word with intention.

Everything within us, past, present and future, lives in story. When we create around our story, we gain clarity. When we create with intention, we activate both sides of the brain. When we activate our brain, we gain greater access to our own



information, how to articulate it and how to move it from the "stuck" places. Intentional Creativity® can be used to heal and transform our thoughts. It can transform old stories into tools for empowerment and grants access to a new way of working with daily stress.



Cosmic Smash Booking is a mashup of art journaling Intentional **Creativity®** developed by Catt Geller. Using method of creating, hidden stories start to come unraveled and revealed. The stories become tools for transformation, and it is then the potential for learning and healing emerges.

Instructor: Taunya Tae Taylor, Certified

New registrants need to take a one-time introduction class called "Introduction to Intentional Creativity." This class will be offered once per month for newcomers.

Introduction to Intentional Creativity

To register, please contact Taunya for date and time.

Movies presented at BSC

Second and Fourth Thursday of each month

Cost: Free!

Enjoy fresh popped popcorn and a drink while watching the BSC movies.

May 8th - 1:00 p.m. - Reagan



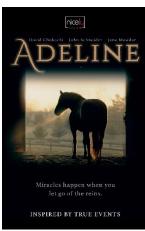
From dusty small-town roots, to the glitter of Hollywood, and then on to commanding the world stage. REAGAN is a cinematic journey overcoming the odds. Told through the voice of Viktor Petrovich, a former KGB agent whose life becomes inextricably linked Ronald with Reagan's when Reagan first caught the Soviets' attention as an actor in Hollywood, this film

offers a perspective as unique as it is captivating. Dennis Quaid brings to life a story that transcends the boundaries of a traditional biopic, offering a profound exploration of the enduring impact of the power of one man who overcame the odds, sustained by the love of a woman who supported him in his journey.

Starring: Dennis Quaid, Penelope Ann Miller, Jon Voight - Rated: PG-13 - Docudrama, Biography, History – 2 hrs., 21 mins.

May 22nd - 1:00 p.m. - Adeline

Filmed in Ohio and based on inspiring true events in the life of Adeline, a therapy healing horse who had great success working with kids and adults with disabilities. When Adeline is injured after saving the lives of 12 people during a tornado, the community rallies together to save the beloved horse.



Starring: John Schneider, David Chokachi, Erin Bethea- Rated: PG - Drama - 1 hr., 37 mins.

Regular Programming

Movies presented at BSC

Second and Fourth Thursday of each month

Cost: Free!

Enjoy fresh popped popcorn and a drink while watching the BSC movies.

June 12th - 1:00 p.m. - The Grey Fox

Old West highwayman Bill Miner, known to Pinkertons as "The Gentleman Bandit," is released in 1901 after 33 years in prison, a genial and charming old man. He goes to Washington to live and work with his sister's family. But the world has changed much while he has been away, and he just can't adjust. So he goes to Canada and returns to the only thing familiar to him -- robbery (with stagecoaches changed to trains).

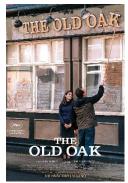


Starring: Richard Farnsworth, Jackie Burroughs, Ken Poque - Rated: PG - Drama, Romance, Western, Biography – 2 hrs., 10 mins.

June 26th - 1:00 p.m. - The Old Oak

The Old Oak is a special place. Not only is it the last pub standing, but it's also the only remaining public

space where people can meet in a once thriving mining community that has now fallen on hard times after 30 years of decline. TJ Ballantvne, the landlord. hangs on to The Old Oak by fingertips, and predicament is endangered even more when the pub becomes contested territory after the arrival of Syrian



refugees who are placed in the village without any notice. In an unlikely friendship TJ meets a curious young Syrian woman named Yara, who is always carrying a camera. Can they find a way for the two communities to understand each other? So unfolds a deeply moving drama about their fragilities and hopes.

Starring: Dave Turner, Ebla Mari, Claire Rodgerson -Rated: N/A – Drama, Psychological, Drama – 1 hr., 53 mins.

Musical Notes from the "Singing Beez" Chorus

Date: Mondays Time: 10:30-12:30

Cost: Free

The Singing Beez Chorus, 18 members strong, enjoy singing and sharing their talents within the community. They meet at the Beazley Center every Monday morning at 10:30. They sing various types of music: sacred and secular. Some of our favorites include songs of Broadway, the '50's, '60's and '70's. We sing in all types of venues including, but not limited to, churches, nursing and assisted living facilities. So far this year, we have presented 11 programs and helped lead "An Old-Fashioned Hymn Sing" at one of our area Churches. Our upcoming schedule will be posted on the bulletin boards at the Center soon. Call Jackie for more information.

Leader: Jackie Forehand Phillips, 757-617-1269

Needlework/Knitting

Thursdays 10:00 a.m. – 12:00 p.m.

This friendly group is growing! They are currently working on individual projects and would love to have you bring your needlework and join them. If you would like to learn to knit or crochet, this is the time and place.

Cost: Free

Open Greeting Cards

Tuesdays 9:00 a.m. - 2:00 p.m.

Create and make your own unique and individualized greeting cards. Work for an



hour or all day using the Center's vast collection of materials. Stamps and ink will be provided for your use, and paper and envelopes will be available for purchase. Instructor: Leesa Richards

Shred-It Shredding Service

Date: Bring anytime Cost: \$1.00 per pound

No need to collect and store old important papers, bills, documents,

etc., for a whole year before bringing it to the Center for the annual shredding service! We now have a locked container located in a secure room for any materials you would like shredded. Shred-It truck picks up the container every month.

Regular Programming

Hand and Foot Card Game

2nd and 4th Friday of every month 1st and 3rd Thursdays of every month 10:30 a.m. - ?



Hand and Foot is a Canasta variant involving four to six decks rather than two and is played by teams of two players (usually two teams, but it also works with three or four teams). The number of decks used is typically one more than the number of players, though this can vary. Due to the larger pool of available cards, it is much easier to form canastas in Hand and Foot than in standard Canasta, which changes the strategy considerably. Some players feel this version is more enjoyable for beginners.

Cost: Free

Bridge

Tuesdays and Fridays 10:00 a.m. – 3:00 p.m.

Cost: Free



Bridge is a trick-taking game using a standard 52-card deck. It is played by four players in two competing partnerships, with partners sitting opposite each other around a table. Millions of people play bridge worldwide in clubs, tournaments, online and with friends at home, making it one of the world's most popular card games, particularly among seniors. (Our bridge players follow Charles Goren rules of Contact Bridge.)

If you know how to play Bridge and would like to be on the substitute list, please call **Susan Cross at 757-677-5685.**

Mahjong

Wednesdays 12:00 p.m. – 3:00 p.m.

Mahjong originated in China. It is a game of skill, strategy and calculation that involves a degree of chance, like the card game rummy. It is commonly played by four players. Anyone interested in learning to play Mahjong, please leave your name and phone number with Leesa, and a Mahjong Club member will contact you.

Cost: Free

Bingo

First and third Tuesday of each month.

Tues. Tuesdays, May 6th, 20th & June 3rd, 17th

Time: 1:30 – 3:00 p.m.

Join us for a fun afternoon playing bingo! Prizes!

Caller:

Beverly Brown



Basic Computer/Smart Phone/Tablet Support

Date and time: Call Justyn for an appointment

Want to learn how to use a computer? Would you like to have an email account, use the internet, social media? Learn different features and basic tasks on your smart phone or tablet,



including how to set up Wi-Fi, connect to the internet, setting/creating email accounts or share files and photos over the network? All you need to do is call here for Justyn and schedule an appointment.

Cost: Free

Instructor: Justyn Walton

Computer Room

Monday through Thursday, 9:00 a.m.— 4:00 p.m. Friday, 9:00 a.m. — 3:00 p.m.



DVD Library

We have a large collection of movies on DVD. Older and current movies available. If interested in viewing, you may check out and return them within a few days. A list of available movies is located at the front desk and on bulletin boards throughout the Center. Ask staff member if you would like to look through the library selections.

Woodcarving

Thursdays, 10:00 a.m. - 12:00 p.m.

Wood carving is a form of wood working by means of a cutting tool (knife) and chisel, resulting in a wooden figure or other wooden object. Learn to make sculptures and other artwork while enjoying the company of other class participants.

Cost: Free

Instructor: Group Instruction

Regular Programming

Woodshop

Open: Mon., Tues., Weds., 8:30 a.m. - 3:45 p.m.

Thursday closed until 12:30 p.m. Friday, 8:30 a.m. – 3:00 p.m.

(For authorized members only).

Non-authorized members, scheduled appointments only! Volunteer on site for assistance on Wednesdays, 10:00 a.m. - 12:30 p.m.



Our woodshop is well organized and has more equipment options than ever before! Use the shop to create, build or repair woodwork and other projects.

Note: Must sign Waiver and Release of Liability Form

before working in Woodshop.

Cost: Free

The Ercell Jackson Library

The Ercell Jackson Library is in the Center's main hallway. You will find an extensive selection of fiction and non-fiction hardcover and paperback books, self-help books, cookbooks and current magazines, etc. Take and return books at your convenience. Any used books you would like to donate to our library would be greatly appreciated!

Book Club

Date: Wednesday (meets on 2nd Wednesday of the

month)

Time: 11:00 a.m. - 12:00 p.m.

Cost: Free



The Book Club will meet on the second Wednesday of each from 11:00 a.m. to 12:00 p.m.

A new book will be chosen each month and attendees will share opinions and/or explore deeper

meanings found within the book.

If interested in joining, please contact Leesa.

Acrylic Painting with Athena

Dates: Tuesdays Time: 10:00 – 12:00 p.m. Cost: \$15.00 per month

I remember my grandfather watching me as I was drawing and painting with my children. He was a man of few words, but when he did say something, it was enlightening... "what you love to do as a child you will always love to do." Those words encouraged me to start painting again after taking a break for a few years.

I am a local artist and teach at the Smithfield Gallery on Main St. I believe anyone can" create" and learn new things. I look forward to sharing what I love with others at the Beazley Senior Center! If you have never picked up a paintbrush or want to improve your skills this is the class for you. No experience necessary! Step by step, we will create something beautiful!

New painting project every month!

Instructor: Athena Alley Rhodes

Class limit 12 participants Register with Aimee.



May painting
- Mountain



June painting, Lavender Field

Regular Programming

Drawing

Thursdays

Time: 1:00 p.m. – 3:00 p.m. Cost: \$15.00 per month

Students will create artwork in pencil or charcoal. Throughout this course, students will utilize traditional drawing. Each project assigned facilitates in building an understanding of the



properties light, of perspective, scale, and proportion. The elements of art and principles of design are integrated into student projects. Teacher demonstrations enable them to develop an appreciation for the visual arts as well as expose them to various styles. Class is open to all levels of talent and expressive sketches are encouraged! Register with Aimee.

Instructor: Al Staszesky

Register with Aimee.

Drawings by Al Staszesky, Instructor



Play Bunco!

Date: 1st & 3rd Wednesdays of the month

Time: 10:00 a.m. - 12:00 p.m.

Cost: Free

Bunco is a dice game with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice in a series of six rounds. A bunco is achieved



when a person rolls three-of-a-kind and all three numbers match the round number which is decided at the beginning of the round.

Interested in playing, contact Leesa.

Physical/Wellness Programs

Yoga is literally translated as "yoke," meaning to "join together" or "to unite". It is an ancient practice that connects or unites the mind, body and spirit through body poses, controlled breathing and meditation. Health benefits include lower blood pressure, improved circulation and oxygenation, decreased pain, balanced metabolism, more energy and strength.

Chair Yoga

Mondays

12:30 p.m. – 1:30 p.m. 1st & 3rd Thursdays of the month

12:30 p.m.-1:30 p.m.

Cost: Mondays -\$12.00 per month Cost: Mon.& Thurs. \$18.00 per month Instructor: Tricia Richardson, RYT 200

Register with Aimee.



Hybrid Chair/Standing Yoga Class

Date: Thursdays, starting Feb. 6th

Time: 9:00 – 10:00 a.m. Cost: \$12.00 per month

Many yoga students have the balance, strength and desire to perform standing yoga poses (asana), but would prefer not to come fully to the mat during their practice. This class will provide students with modifications in practice which will allow them to come into all standing yoga poses (asana) standing on a yoga mat. The practice incorporates 2 chairs (one on each side of the yoga mat) allowing students to find all seated poses using a chair (rather than coming fully to the mat). This hybrid class will provide the support and stability of the chair throughout asana (pose) practice, while allowing the student the freedom to strengthen and find balance with the support of a chair within reach.

Instructor: Tricia Richardson, RYT 200

Register with Aimee.

Gentle Yoga (Yin/Restorative Yoga Hybrid)

Date: Tuesdays Time: 9:00 – 10:00 a.m. Cost: \$12.00 per month

This class will combine aspects of gentle, yin and restorative yoga practices - appropriate for all levels of students from total beginners to experienced practitioners. The class will begin with breathing exercises, gentle stretching poses, progress through gentle supported yin poses, and will conclude with passive restorative poses.

Instructor: Tricia Richardson, RYT 200

Register with Aimee.

Yin Yoga The practice of yoga is based upon Yin/Yang philosophy, balancing opposing forces. More energetic types of yoga are considered to be 'yang', while yin postures are meant to balance energetic practices with calm, deep stretches. Postures are normally held from 2 to 5 minutes. It is helpful for those who wish to increase flexibility, keep joints healthy and mobile, improve posture, balance energetic exercise, or release trauma and emotions that are stored in the body.

Restorative Yoga The practice of restorative yoga is passive (using props such as chairs, blocks, blankets, bolsters, sandbags and straps). Combining use of props and longer holds can help to bring a sense of calm and comfort, triggering the body's healing mechanisms. Postures are normally held from 5 to 20 minutes. It is helpful for those who wish to meditate, heal, release stress, relax, create a sense of safety in the mind and body or reach a state of mindful rest.

Physical/Wellness Programs

Zumba Gold

Dates: Thursdays

Time: 10:15 - 11:15 a.m.

Cost: \$12.00/month - one class per week

Zumba is a high energy dance workout that incorporates Latin and Caribbean rhythms. Zumba Gold is catered to active older adults and offers signature Zumba flavor with lower intensity moves. Zumba Gold choreography focuses on balance, range of motion and coordination. The best thing about Zumba is that every class is a party! You don't have to know how to dance, just follow the instructor and have fun! Call Aimee to register.

Instructor: Carolyn Harper, Certified Zumba Instructor



Revitalize with Carla

Mondays, Wednesdays and Fridays 8:45 a.m. – 9:45 a.m.

Cost: \$25.00 per month

Maintaining a consistent fitness routine is important at any age. *Revitalize* offers older adults specific exercise to help increase cardiovascular health and build strength and balance. This class is designed to be low impact to prevent injury while also increasing muscle strength and energy levels. Call Aimee to register.

Instructor: Carla Bryce, RYT- 200, SilverSneakers



Physical/Wellness Programs

Tai Chi

IT'S BACK!!!!

Tai Chi is a type of martial art very well known for its defense techniques and health benefits. The martial art has evolved over the years into an effective means of alleviating stress and anxiety and "significantly improving balance." It has been a form of "meditation in motion" which promotes serenity and inner peace.

Tai Chi is low impact and can be studied by all ages. It is not a "no pain, no gain" endeavor. It is about opening the mind, body and spirit. It is about relaxation, balance and harmony.

Advanced Tai Chi

Wednesdays

10:00 p.m. - 11:00 p.m. Cost: \$12.00 per month

Beginners Tai Chi

Fridays

10:00 a.m.-11:00 a.m. Cost: \$12:00 per month



Call to register.

Move & Groove

Dates: Thursdays

Time: 11:30 a.m. - 12:00 p.m.

Cost: Free

A fun dance workout geared for all ages and body types. Customize moves that feel right for you.

The unique interval format sends your metabolism and muscle building into overdrive and can be done at a wide range of fitness levels!



Class led by Taunya Tae Taylor

Physical/Wellness Programs

Line Dancing

Dancing is fun and great exercise. Line dancing is so popular that we have 3 sessions a week! Depending on your line dancing ability, Carolyn will help you decide which class would be suitable for you. See Leesa for contact information.



"Basic Steps" Line Dancing

Date: Mondays

Time: 1:45 p.m. – 2:45 p.m.

Cost: Free

Instructor: Carolyn Harrell

Learn the basic steps of line dancing with the goal of joining the other groups comfortably.

Call to register.

Beginner/Improver Line Dancing

Date: Mondays

10:00 a.m. - 12:00 p.m.

Cost: Free

Instructor: David Vreeland

Intermediate/High Improver Line Dancing

Date: Tuesdays

10:15 a.m. - 12:15 p.m.

Cost: Free

Instructor: David

Vreeland



Let's play Pickleball!

Date: Fridays,

Time: 11:30 a.m. - 3:00 p.m.

Cost: Free

Pickleball is a paddle sport played with a whiffle ball on a



badminton-sized court and a tennisstyle net. A non-volley zone (or kitchen) prevents volleys close to the net, and the serving team cannot volley the return of serve. These

unique rules favor players with less mobility and allow senior players to compete successfully with younger competitors.

The game is enjoyed by people of all ages and athletic abilities thanks to its ease of play and straightforward rules. Pickleball has exploded in popularity. Thousands of pickleball courts have been built in recent years, especially in senior communities.

Fired Arts Studio

Ceramics and pottery (earthenware clay, bisque, stoneware, glazes and decals), pottery wheel and fusing glass (frit, sheet and dichroic glass). Come join the fun!!!

Open Studio

Mondays, 9:30 a.m. – 4:00 p.m.*
*12:30-4:00 on days of I.C. class
Tuesdays, CLOSED
Wednesdays, 9:30 a.m. – 4:00 p.m.
Thursdays, 9:30 a.m. – 4:00 p.m.
Fridays, 9:30 p.m.- 3:00 p.m.

NOTE: Open studio hours are subject to change. Please check calendar before visiting.

Fired Arts Orientation

Date: By appointment only

Time: One hour Cost: Free

Orientation will give you the basics as you start your journey of becoming a creative and unique artist. In just one hour, you will tour the Fired Arts Studio, learn the guidelines and procedures to get you started.

Once you have finished orientation Ceramics/Pottery, you are free to use the Fired Arts Studio anytime during open studio hours.

Cost: Free, includes complimentary work mat. Individual tools, clay and ceramics purchased as needed.

Must register with Taunya.



Al Staszesky! We are not used to seeing you in Fired Arts. What are you sculpting?

Hand Building with Clay

Hand building is working with clay by hand using only simple tools, not the pottery wheel. Before potters had the wheel, they created beautiful pots and clay forms using their hands, fingers and basic tools. Most common forms of hand building is pinch, coiling and slab techniques. Most do not realize the infinite world of hand building and the artistic possibilities it opens.

Fired Arts Studio

Fired Arts "New-Bee" Classes

Date and Time: By appointment only

Cost: materials used

If you are new to Fired Arts, you may be interested in

signing up for a class on how to create a pinch pot and build-a-box using clay or make a fused glass suncatcher.



These are beginner classes

that will teach you techniques to make future projects on

your own.

Contact Taunya to register for a class.

Glass Fusing 101 Video

Date: By appointment only

Time: One hour Cost: Free

Cost: Free

Prerequisite for working on glass in Fired Arts. Individual supplies and glass purchased as needed.

We now have more glass and more glass molds available. Create beautiful alass plates. bowls. jewelry, wall and window hangings and more! Watch a short video on the basics of glass fusing and you are ready to go. Glass



Fu

prices are posted in the studio.

Fused glass project by Betty Winkler

Call to make an appointment.



Important Notice!!!!

To all Fired Arts participants: NEVER pick up or touch others' work, as clay and glass are very fragile until completed, and even then, could be dropped and shatter.

Ceramics, greenware, clay, pottery, glass, etc. purchased outside the Center may not be fired in the Center's kilns.

New students must register for the Fired Arts Orientation with Taunya.

Due to limited storage space, we cannot hold ceramic, clay, glass or pottery pieces for more than 90 days.



268 Owens Street Portsmouth, Virginia 23704 U.S. Postage PAID NON-PROFIT

Permit No. 2143 Portsmouth, VA

ADDRESS SERVICE REQUESTED	

Hours of Operation:

8:30 a.m. to 4:00 p.m. Monday - Friday

Staff:

Donna M. Russell, Executive Director Leesa Richards, Asst. Director/Program Coordinator Taunya Tae Taylor, Instructor Sandra Berczek, Fired Arts Assistant Aimee Miller, Office Manager Justyn Walton, Facility Maintenance Manager/ Instructor

Contact Us:

Phone: 757-399-8156 Fax: 757-399-1994

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Website: <u>www.beazleyseniorcenter.org</u>